

MGH Aspire Teen and Adult Programming

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MGH Aspire

www.mghaspire.org



Helping children, teens and adults with high cognitive autism spectrum disorder or a related social profile achieve success.

- Program of MGH and MassGeneral Hospital for children.
- Supporting individuals on the autism spectrum in the areas of self-awareness, social competency and stress management.
- Multi-disciplinary approach in small, well-matched peer groups.
- Locations in Lexington, Charlestown, Newton and Westwood; and over 50 employer sites throughout MA, NH and RI.

- Learn and apply skills to interact with others in expected ways across contexts
- Build relationships using shared experiences and common interests
- Improve capacity to identify strengths and develop strategies for challenges
- Engage in self-advocacy



- Develop strategies to manage stress and frustration
- Habitual practice using these strategies in real-life situations

- Academic-Year Social Groups & **Theme-Based Groups (all ages)**
- Summer Programming
 - Adventure camp (children ages 5-14)
 - **Teen & adult summer programs (ages 14+)**
- Special Events Throughout the Year
- **MGH Aspire Works**
 - **Internship program, employer consultation and training**
- **Parent Coaching and Parent Groups**
- **Career Counseling**
- Consultation Services
- Professional Development

Participants

Internship Program

Career Counseling

Alumni Community

Parent coaching

Employers

Internship Program

Consultation and Coaching

Workshops

Workforce Development Programs

	Intake	On-Boarding	Internship Cycle
Employers	<ul style="list-style-type: none"> •Match Intern 	<ul style="list-style-type: none"> •Employer training •Support with HR Requirements 	<ul style="list-style-type: none"> •Weekly consultation with Career Counselor •Employer trainings
Interns	<ul style="list-style-type: none"> •Organize and collaboratively asses interests, skills, strengths, challenges, most effective supports 	<ul style="list-style-type: none"> •1:1 Career Counselor support •Interview prep •Interview observation and feedback •Support with HR Requirements 	<ul style="list-style-type: none"> •Weekly seminars •Weekly 1:1 consultation with Career Counselor •Transition planning •Written summary

Orientation Week

Two 2-hour seminars
Individual Career Coaching

Internship

9-12 Weeks
12-24 hours at internship site per week
Weekly cohort seminar
Weekly 1:1 consults

- Intern
- Employer

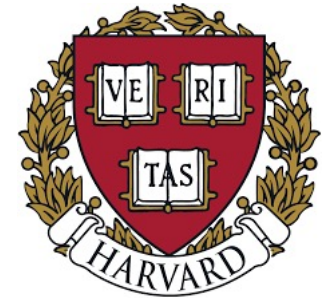
Transition planning
Written summary

Internship Employer Collaborators



- ADK
- Advantage Payroll
- AKF Group
- Attorney General's Office
- Avery Crossing
- Bank of America
- Beacon Health Options
- BlueCross BlueShield
- Boston Public Market
- Boston Children's Hospital
- Charlestown Boys and Girls Club
- Choate Hall & Stewart
- Clearurance
- Commonwealth Shakespeare Company
- Community Rowing
- Copart
- CPR Services
- Department of Developmental Services, Metro Region
- Enterprise Holdings
- Examworks
- EY
- Fidelity Investments
- Genpact
- Hale Reservation
- Handel & Hadyn Society
- Harvard Museum of Natural History
- Hill Holliday
- Insight Services Group (ISG Value)
- Insurance Auto Auctions International (IAAI)
- ISO Claims Partners
- La Morra
- Lesley University
- Liberty Mutual
- The Lurie Center
- MA Audubon Broad Meadow Center and Wildlife Sanctuary
- MA Audubon Drumlin Farms
- MA DOER
- MES Solutions
- Merrimack College
- MGH Aspire
- MGH Development Office
- MGH Massachusetts General Physicians Organization (MGPO)
- MGH Materials Management
- Museum of Fine Arts
- Museum of Science
- National Grid
- New England Wildlife Center
- Newton Free Library
- Newton-Wellesley Hospital
- Northeastern University
- Partners Healthcare
- Perkins School for the Blind
- Powisset Farm
- Safelite Glass
- Salem District Office of Congressman Seth Moulton
- Turner Construction
- WGBH

Culture Change with Neurodiversity



- To learn more about MGH Aspire:
 - Visit www.mghaspire.org
 - Email us at mghaspire@partners.org
 - Call us at 781-860-1900
- To join our digital mailing list:
 - Text [mghaspire](text:mghaspire) to # 22828
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